**Mentors Help Children Succeed**

Educator Stephen Gray Wallace, writing for the American Camp Association, says having a mentor at camp has been shown to enhance later school performance, improve relationships with parents and peers, reduce initiation of drug and alcohol use, and decrease incidents of youth violence. Mentoring, he writes, is closely linked with other important psychological/social constructs, such as positive youth development, resiliency and risk/protective factors. Also important are individuals they learn to rely on, informal mentors like teachers, coaches, neighbors, aunts, uncles...and camp staff.

Young people with mentors are significantly more likely than those without to report frequently feeling happy and less likely to report being bored or depressed. Mentor characteristics identified by 3,000 kids include: trustworthy, caring, understanding, respectful, helpful, dependable, fun, compassionate and responsible. They also want someone who is a good listener.

**Tech Etiquette at Work**

The modern scourge: People who check their phones constantly during a meeting or conversation. Usually it works like this: They put their phone down on the table as they speak. When you respond, they pick it up and ignore you. Fact is checking your device in the company of colleagues or in meetings is disrespectful. Nothing disrupts a meeting like the jarring sound of a ringtone. Turn off your phone’s ringer before meetings. It’s safest to let calls go straight to voicemail. If a critical call comes, leave the room before you begin talking. And don’t snap pictures: Cell phone cameras make it easy to take pictures, but save your image-capturing for scenic weekend strolls.

**The Lighter Side**

**A SHOPLIFTER**

The manager of a grocery store nabbed a shoplifter in the act. He was escorting the suspect to the office in the front of the store (near the cash registers), when the shoplifter broke from his grip and tried to run.

After a scuffle, the manager pinned the thief against the wall and looked up to see a number of surprised customers staring at him.

"Everything’s fine, folks," he reassured them.

"This guy just tried to go through the express line with more than 10 items."

**quote**

Happiness comes when your work and words are of benefit to yourself and others.

*Jack Kornfield, American author, teacher of Buddhism*
### Trivia Teaser

**A Slice of Pie**

1. What toy was based on empty pie tins thrown by Yale University students? 
   - a- Hula hoop, b- Frisbee, c- Yo-yo, d- Super ball.

2. In 2000, who had a hit with a cover version of the Don McLean song, "American Pie"? 
   - a- Lady Gaga, b- Fergie, c- Madonna, d- Fiona Apple.

3. Who starred as a pregnant, pie-making waitress named Jenna in the 2007 movie "Waitress"? 
   - a- Keri Russell, b- Lea Michele, c- Ashley Johnson, d- Mary Elizabeth Mastrantonio.

4. How many wedges fill the pie piece in the game of Trivial Pursuit? 
   - a- 4, b- 5, c- 6, d- 8.

5. What letter follows pi in the Greek alphabet? 
   - a- Upsilon, b- Rho, c- Sigma, d- Zeta.

6. The Pie Hole was the name of a pastry shop on what TV series? 

7. “I Think I’m Having a Relationship with a Blueberry Pie!” and “My Granddaughter Has Fleas!” are compilation books of what comic strip? 

8. What actor played dimwitted jocks in the movies "American Pie" and "Election"? 
   - a- Chris Klein, b- Ashton Kutcher, c- Matthew Bomer, d- Chris Pine.

9. Tamara, the Queen of the Goths, is served a meat pie made of the flesh of her own sons in what Shakespeare play? 

10. Which character on "The Big Bang Theory" was nicknamed "Moon Pie" by his grandmother? 
    - a- Howard Wolowitz, b- Sheldon Cooper, c- Rajesh Koothrappali, d- Leonard Hofstadter.

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**Have a safe and restful Memorial Day**

May 26, 2014

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**18 Minutes of Action in a Baseball Game**

One team of analysts with stopwatches studied three different baseball games with an average 2 hour 58-minute duration. In a Brewers versus Cardinals game, there were 2 hours 39 minutes of inaction and just about 18 minutes of action (where a player was hitting, running or throwing).

Where does the time go? The total time between batters averaged 33.39 minutes; time between innings was 42.41. Time between pitches averaged about 1.25 minutes each, or more than an hour.

The Wall Street Journal’s Tim Marchman writes that baseball has a legion of fans who love the slow pace of the game. As Leo Durocher said, “Baseball is like church. Many attend, few understand.”

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**Edible Packaging?**

Stoneyfield, the environmentally conscious organic yogurt maker, recently said it will ultimately eliminate the plastic yogurt container. Instead, it’s now offering Frozen Yogurt Pearls at Whole Foods grocery stores in Boston. The product comes in a flavored, all-natural skin, like the skin on a grape. On the inside will be frozen vanilla or chocolate yogurt. The edible skin will be flavored like peach, banana, coconut or strawberry.

Co-founder Gary Hirshberg says that if the product is successful, he hopes to use a version of it with his company’s organic yogurt and other products.

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**What’s Your Favorite Hot Streak?**

How about these cases of hot hands:

**Record:** Jose Calderon of the Toronto Raptors. The point guard took 154 free throws during the 2008-2009 season. He missed only three of them.

**Performance:** Bill Walton, 1973 UCLA NCAA championship game against Memphis State. 44 points, 21 of 22 field goal shots.

**Clutch:** Allan Houston, 1999, Knicks-Heat, Game 5, Eastern Conference Quarterfinals. Clutch shot in last 7 seconds cinched the win for the eighth seed Knicks over the first seed Heat.

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Answers on Page 3!
PlayStation 4 Sales are Hot

Sony has announced that sales of its PlayStation 4 video game console crossed 6 million as of March 2, weeks after its debut in Japan. Sony says its January sales were nearly double that of its competitor Xbox One, which finished in second place.

Since then, Electronic Arts launched its hit Titanfall game. Sony planned to counter with the PlayStation 4 game InFamous: Second Son.

Quotes

As we look ahead into the next century, leaders will be those who empower others.
Bill Gates, one of the richest men in the world, chairman of Microsoft

We see our customers as invited guests to a party, and we are the hosts. It’s our job every day to make every important aspect of the customer experience a little bit better.
Jeff Bezos, chairman and CEO of Amazon

If you’re interested in “balancing” work and pleasure, stop trying to balance them. Instead, make your work more pleasurable.
Donald Trump, builder and real estate magnate

Good communication is as stimulating as black coffee, and just as hard to sleep after.
Anne Morrow Lindberg, American author, aviator, wife of Charles Lindberg

Trivia Answers

A Slice of Pie

1-b, Frisbee
2-c, Madonna
3-a, Keri Russell
4-c, 6
5-b, Rho
6-b, "Pushing Daisies"
7-d, "Cathy"
8-a, Chris Klein
9-b, "Titus Andronicus"
10-b, Sheldon Cooper

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In the television land, fans are cheering the shooter’s hot hand. Meanwhile spoil-sport academics are shaking their heads and rolling their eyes. Many claim there is no such thing as a hot hand or a hot streak. They say you might as well believe in a tooth fairy because you got a quarter under your pillow three times.

For at least 30 years, statisticians and researchers have studied streaks and pronounced them nothing more than people seeing patterns in random occurrences. The coaches, players and fans however, disagree! According to psmag.com, when Boston Celtics coach Red Auerbach heard about the research in 1988 that dismissed the hot hand, he shrugged, “So he makes a study. Who cares?”

Now at last there is new research that has the pointy headed academics thoughtfully packing their pipes. Three Harvard students have analyzed 70,000 NBA shots and concluded that a player can be more likely not less likely or equally likely -- to make his next shot if that player has made several shots in a row.

Hot streaks exist, the researchers said, but the players themselves sometimes make the hot hand harder to see. Seems when the players are feeling as if they can’t miss, they are also more likely to take riskier shots.

In reality the hot hand streak increases the likelihood of a good shot by a maximum of 2.4 percent -- not 100 percent as players in the zone seem to believe. Interestingly, an October 2011 study published in the Journal of Experimental Psychology also concluded the hot hand existed, this time in volleyball, and was used by team members to make decisions about who got the ball.

Since 1985 researchers have studied (and dismissed) the hot hand in sports like tennis, horseshoe pitching, bowling, golf and baseball. In recent years, however, statisticians have been greatly helped by the abundance of new camera and computer data in basketball.

If academics are convinced that hot hand streaks can exist in sports, the understanding may open the way for more research into the mental zone that players say they experience when they are feeling the game.